

Health Benefits

Immunity

Although Sunlighten saunas heat you up differently than a fever, the increased body temperature provides the same benefits, including white blood cell and T-cell production to ward off viruses. Sunlighten's saunas are the only saunas to have been proven to raise core body temperature by 3 degrees.

Detoxification

A Sunlighten sauna generates a sweat 7x more detoxifying than a traditional sauna.

Relaxation

Our saunas have been designed to encourage the purest form of relaxation and stress-reduction.

Weight Loss

Studies have shown an infrared sauna session can burn up to 600 calories. Sunlighten saunas showed a reduction in belly fat in just a 3-month period.

Heart Health

Our SoloCarbon® heaters have been clinically shown to reduce both systolic and diastolic blood pressure.

Pain Relief

Researchers have found therapeutic benefits to back, neck, and arthritis pain from continuous use of infrared therapy.

Anti-Aging

The skin's appearance improves with regular use of a Sunlighten sauna, as pores open from the deeper sweat induced by our infrared therapy.

Pure Sweat *Sweat Amplifying Cream*

Want to achieve a deep sweat faster? Get faster results from sauna sessions with improved circulation, energy and sweating. These effects help to bring the skin's own natural nutrients to the surface while flushing out unwanted impurities.



Sweat Harder, Sweat Earlier



Targets "Slow to Respond" Areas



Accelerates Caloric Burn



Releases Built-Up Toxins



Speeds Muscle Warm-Up Time

ELECTRICAL CERTIFICATIONS



DISCLAIMER

Sunlighten®, Inc., and its affiliates do not provide medical advice, education or treatment. The information contained in this brochure is for general information purposes only and does not address individual circumstances or medical conditions. It may not be right for you and should not be relied upon in making decisions about your health. Always consult your doctor for medical advice.

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version 122120



Amplify Series



The Amplify Series

You want it hotter? We get it. The little time you get to focus on your wellness is precious, so every minute counts. You want all the benefits of full spectrum, with far, mid, and near infrared, and you want it hot. The Amplify series include two full spectrum heaters in addition to Sunlighten's patented SoloCarbon far infrared heaters. You'll get 165°F to sweat deep and sweat fast.

- ★ SoloCarbon far infrared technology proven effective with 99% emissivity
- ★ Environmentally approved for safety with safe, ultra low EMF technology
- ★ Patented magnetic locking system makes assembly a snap
- ★ Beautiful craftsmanship with solid tongue and groove construction, 33% thicker wood than the industry standard, and commercial-grade for extra durability
- ★ Removable benches allows for additional space to stretch or practice yoga
- ★ Acoustic Resonance Sound Therapy (A.R.T.) This ground-breaking, add-on technology, uses sound waves to create a musical massage that harmonizes all the systems of your body, expediting the relaxation response to help you "melt" into your sauna



Chromotherapy

As an added benefit, Chromotherapy comes standard in all Sunlighten saunas, providing added health benefits and harmony to your sauna experience. Each color in the visible light spectrum possesses frequencies of a specific vibration. Each vibration is related to different physical symptoms. Chromotherapy restores various energy points to help balance the body.



Premuim Sound System

Bask in the superior sound from our Blaupunkt media player sound system with Bluetooth, mp3 WMA playback, AM/FM, AUX, and USB/SD inputs with built-in speakers. Choose your favorite music, close your eyes, and be taken away by the crystal clear sound from premium Blaupunkt speakers.

AMPLIFY II



EXTERIOR

width 50.9 in.
depth 45.9 in.
height* 77.7 in.
power 120v, 1880w, 15.67a

INTERIOR

45.4 in. x 39.9 in. x 70.3 in.

BENCH

45.2 in. x 20.2 in. x 19.5 in
heaters 6

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED



AMPLIFY III



EXTERIOR

width 62.3 in.
depth 45.9 in.
height* 77.7 in.
power 120v, 2020w, 16.83a

INTERIOR

56.8 in. x 39.9 in. x 70.3 in.

BENCH

56.6 in. x 20.2 in. x 19.5 in
heaters 7

DEDICATED 120V 20A CIRCUIT AND OUTLET REQUIRED



All Amplify sauna models are available in the following wood types:

Basswood



Cedar



*Height includes 2" feet



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